

## **Monday 29<sup>th</sup> October**

10.30am Coffee Morning in the Restaurant

10.30am & 11.30am Pilates in the Auditorium

3pm Guest Speaker, Terry Ransome returns to Richmond with another of his talks 'Finding Eliza Carr' a west country girl, a pupil at the British School, Bratton, who was famous for her needlework.

## **Tuesday 30<sup>th</sup> October**

10am Waitrose (return 11.15am)

11.30am & 12.10pm Falls Prevention in the Auditorium

2pm -3pm Yoga in the Spa Studio

2.30pm Transport to Stroud (return 4.15pm)

## **Wednesday 31<sup>st</sup> October**

9.30am Transport to Cheltenham

11am Scrabble in the Library

12-12.30pm Tai Chi in the Spa Studio

## **Wednesday 31<sup>st</sup> October cont ..**

2.30pm Gentlemen's Group in the Library

2.30pm Ladies Group in the Café

## **Thursday 1<sup>st</sup> November**

10am Morrisons (return 11.15am)

10.30am Trivia in the Café

2.30pm Richmond Ramblers – join Prudence for a gentle stroll.

2.30pm – 5pm Bridge and Chess Club in the Café, all abilities welcome. Residents to organise themselves for playing both of these games.

No Choir today

6.15pm – 6.45pm Tai Chi in the Spa Studio

## **Friday 2<sup>nd</sup> November**

9.25 Transport to Painswick, including the Country Market

## **Friday 2<sup>nd</sup> November cont ..**

10.30am "Read all about it!" read and discuss the newspapers in the Café

11.45am -12.15pm Falls Prevention the Spa

12noon Depart to The Bell at Sapperton for a pub lunch. Menu's at Reception

3pm Monthly Poetry Group in the Café – bring along some of your favourite poetry or simply sit back and enjoy listening to others

## **Saturday 3<sup>rd</sup> November**

### **Today's Duty Manager is Hayley Davies**

10.30am Coffee Morning in the Café

5.30pm – 6.30pm 'Wine o'clock Club'  
Enjoy half price drinks in the Café with friends.

## **Sunday 4<sup>th</sup> November**

### **Today's Duty Manager is Helen Randall**

9.10am Transport to St Mary's for Church Service

10.30am Coffee Morning in the Café

Apologies, there will be no film club during the Restaurant refurbishment.



## **Social Diary w/c 29<sup>th</sup> October 2018**



Please remember to book all activities  
requiring transport at Reception