



November 2018

Bollywood Dance Company (A fusion of East meets West)

Thursday 15th November
7.30pm in the Windsor Restaurant

Come and be entertained and maybe even have a go yourself!

There will be dancing, music, flower garlands and Turkish belts.

Meal option: £7 per person for Pork Stroganoff or Chicken Tikka Masala (both served with rice) and dessert.

Entertainment only: £3 per person.

Please book by Monday 12th November.



Guy Fawkes Evening Monday 5th November



Please join us at 6pm in the Care Centre Lounge for fireworks, followed by food!

Burgers & Hot Dogs - £1.50 each.
A selection of drinks will also be available (drink prices vary).

Bede Village Christmas Fayre Saturday 8th December, 3.00pm

The date for this year's **Christmas Fayre** is **Saturday 8th December**, beginning at **3.00pm – 5.00pm** in the Windsor Restaurant, Abingdon & Boveney Lounges.

Please could we ask for volunteers to assist manning the stands (contact Louise Smith or Reception to volunteer).

There will be various stalls. such as a raffle and tombola, cake stand, craft items, present wrapping service, jewellery, candles, bric-a-brac, visit from Santa, and more.

Please spread the word... friends and family are welcome. More the merrier!

If you have any unwanted gifts that would be suitable for our raffle or tombola, we would appreciate any donations (to be handed to Reception please).



Play Reading Group Meeting 21st November at 3pm-4pm in the Boveney Lounge

Would you like to join a play reading group? If you are interested please come along to the meeting on the 21st.

If the meeting is successful, we will have our first play reading rehearsal on 28th November, 6.30pm in the Boveney Lounge.

Bedworth Armistice Day

Because the 11th November 2018 falls on a Sunday, the Royal British Legion takes precedence. There won't be an Armistice Day Parade in Bedworth but there will be the Remembrance Sunday Parade.

Due to the usual Sunday Church trip, we do not have a volunteer driver available to go to the Remembrance Parade. However, we will be running a trip to the National Memorial Arboretum on Tuesday 13th November.



Tai Chi at Richmond Bede Village – Every Wednesday at 3pm

Join Mark in the Abingdon Lounge for this fantastic class; suitable for all
(offered at a subsidized rate of just £2 per person – please book and pay with Reception).

Choir

The Bede Village Choir is one of the most popular and well-supported institutions we have; Choir Evenings for November will be: **Monday 5th and 19th November at 7pm** in the Windsor Restaurant.

The Choir would very much like to invite new members to come along, take part and enjoy their social evenings.

We are thrilled to announce that the Bede Village Choir will be performing at the Old Meeting United Reform Church in Bedworth on Saturday 3rd November at 2pm. Tickets are available for just £7 and includes tea and cake; please contact villager Meg Deeming for details. Well done to everyone for your hard work and commitment... we hope you have a great time performing!

Bede Village Community Cafe'

Thursday 8th
November at 3.00pm
in the Care Home
Kingfisher Lounge

Please join us, we shall be receiving a talk from the local Fire and Rescue Team.

Tuesday trips for November

6th November: Stratford Upon Avon
13th November: National Memorial Arboretum
20th November: Dobbies Garden Centre
27th November: Packwood House



4th December: Birmingham German Market

Anyone going on any trip who is receiving a food package: please let us know if you would like a packed lunch; *this is included within your package*. Any Villager wishing to buy a packed lunch; this is also available.

Bowls - Thursdays from 2.30pm

You don't have to bowl competitively to have a go at Richmond Bede Village!
Come along and take part and play for fun.

We will now be playing indoors in the Kingfisher Lounge 2.30pm each Thursday.



Jiggle & Giggle!



With Mel-Sue on Thursdays at 10.15am in the Abingdon Lounge

This is a more strenuous exercise class, suitable for those feeling a little more able. All exercises will be standing only... flat, comfortable footwear essential!
Places may be limited dependant on popularity!

NO SPECTATORS PLEASE!

Activities & Events Committee Meeting dates & times (Boveney Lounge):

Friday 2nd November 3.00pm – 4.00pm
Friday 16th November 3.00pm – 4.00pm
Friday 30th November 3.00pm – 4.00pm

All welcome!

Salvation Army Visit

Thursday 8th November – Care home Lounge (Phoenix), 2.30pm.

Chair Yoga

Weekly classes on Tuesdays in the Abingdon Lounge with Sue at 11.00am

We have had some requests recently regarding assistance with holiday bookings.

Please join us on **Thursday 22nd November** when 'Not Just Travel' will be hosting Coffee Morning in the **Boveney Lounge** at **10.30am**. They will be providing information regarding available holidays, and how they can assist.

Services from the Salon

Tuesdays 9.00am-5.00pm

All hairdressing services plus Gel Polish, Nail Varnish and/or Manicure

Please book your appointment with Reception.

MONTHLY PUZZLE PACK

AVAILABLE FROM ABINGDON LOUNGE OR RECEPTION. TEST YOUR KNOWLEDGE, AND HAND YOUR ENTRIES IN BY SUNDAY 25th NOVEMBER TO THE ACTIVITIES' TEAM OR RECEPTION.

PRIZE FOR THE WINNER! PART ENTRIES ALSO ACCEPTED. PLEASE RETURN TO ACTIVITIES' STAFF OR RECEPTION BY THE ABOVE DATE.

Knit & Natter - Saturday 17th November, 2.30pm

Join the ladies this month in the Boveney Lounge from 2.30pm to knit and natter. Tea, coffee & biscuits will be available for your enjoyment!

Holy Communion

Abingdon Lounge
Tuesday 20th
November 2018,
starting at 10.30am.
All welcome.

St Giles Singers

Listen to the St Giles singers in the Kingfisher Lounge (Care Home).
Date / time: Monday 5th
November 2.00pm – 3.00pm.

Foot-Step Care

Please note: Kay from Foot-Step Care will only be visiting On Wednesday 28th November this month, she is unavailable on Wednesday 14th November.

Bede Village Circle Christmas Party (BVC)

Thursday 29th November

In the Windsor Restaurant.
Just £10 per person.
(Please book by 19th November with Villagers Doreen or Lola).

BIRTHDAY WISHES

Margaret Allen – 1st November
Muriel Wakelin – 1st November
Richard Cross – 15th November
Bob Essery – 22nd November
Arthur Tew – 27th November

If you are celebrating a Birthday in November, we'd like to wish you Many Happy Returns, from all of the team at Richmond Bede Village.

Silk flowers and Woodcraft Stall

Will be in Reception on Tuesday 13th November at 10.30am

Calling all keen gardeners!

Our first Gardening Group meeting will be Wednesday 7th November, 3.00pm in the Phoenix Lounge (Care Home). Please join us!

Topics to be discussed:

- What we would like to grow.
- Sensory garden.
- Raised beds.



MACMILLAN CANCER SUPPORT

We would like to say a **huge thank you** to everyone who supported the Macmillan Coffee Morning at the end of September.

We are pleased to announce that almost £180 was raised for the worthy cause.

Staff member Karen Harding was the winner of the Cake Competition.

A few reminders...

Wellness Meetings - Please note that Wellness Meetings are now held on the **first Thursday** of the month in Abingdon Lounge from 11.30am. Come along for an informal chat and for information about our Domiciliary Care Services.

Care Home Residents and Relatives meeting: 9th November at 2pm in the Kingfisher Lounge

Important Notice - Could you please make any cheques payable to **Richmond Coventry Limited**.

The Mobile Library will be visiting 20th November 2018.

Foot Step Care is here **every other week** – Kay will be visiting on Wednesday 28th November, to the Bede Salon (home visits are also available). However, she is unavailable to visit on Wednesday 14th November. Please book appointments via Reception early to avoid disappointment.

Please ensure that repeat prescriptions are handed into Reception by 10am on Monday mornings, ready for us to drop them off. Queries regarding undelivered medication should be made directly to your doctor's surgery.

The Reception team is no longer able to accept delivered medications on your behalf. The pharmacy must deliver them directly to your home.

Please do not leave large items of rubbish in the drying areas, or abandoned in other areas of the Village. If you are struggling to dispose of large items, please contact Reception and we will be happy to assist however we possibly can.

Appointments are available at the Bede Hair Salon or in your own Suite/room (open to all residents and visitors at Richmond Bede Village). Please contact Reception or the Salon to make an appointment. The Bede Village Salon is open: Tuesdays 9.00am until 5.00pm.

If a villager loses or breaks their pendant they have to pay for a new one. These are approximately £45.00. When it is time to vacate a property within Richmond Village, please ensure that the pendant is returned. You will be liable for the cost if not returned.

Please do not throw food out for the birds; it is attracting rats!

If you wish to feed the birds, please hang a feeder from a tree or on a bird table; these are simple ways to keep food out of the reach of rats. Attaching bird seed trays under feeders can also help to stop food going on the floor.

Please remind any visitors that there is a 5mph speed limit on-site, and must use visitor parking spaces please. Do not use allocated parking spaces or any areas with restriction notices. It is very difficult for other vehicles if a restricted space is blocked by another vehicle.

Just for fun....

