

Richmond Village, Letcombe Regis

Care Home Activities

Week Beginning 1st December



1.

Monday 1st DECEMBER

10:00 am Weekly Sparkle

Jackie will be coming round with the Weekly Sparkle. This is a chance for Jackie to read you interesting extracts from the paper and for you to share your memories.

2:00 pm Library Visit

Join Jackie for a visit to the Library to return and exchange your books.

3:00 pm Sewing

Join Jackie in Sycamore Lounge to continue making the Gingerbread men that will decorate our Christmas Trees.

TUESDAY 2nd DECEMBER

10:00 am Napkin Ring Holders

Join Tracy in Maple craft room to help her make Napkin Ring holders to decorate the tables over the Christmas festivities.

2:00 pm Millets Farm

Tracy will be taking residents to Millets Farm to see the Christmas lights.

2:30am Seated exercise

Join Emma for seated exercise in The Sycamore Dining Room.

3:30pm Scrabble Club

Join residents in Sycamore Dining room for a game of scrabble.

Wednesday 3rd DECEMBER

10:00 am Salt Dough Gingerbread Men

Join Tracy in Sycamore dining room to help her make salt dough gingerbread men to decorate our Christmas trees.

1:30pm Afternoon Stroll

Join Tracy for a stroll around Richmond village.
(Wrap up Warm)

2:30pm Seated Exercise

Join Abigail in Sycamore Dining room for some seated exercise to music

3:00 pm Salt Dough Gingerbread Men

Join Tracy in Sycamore dining room to help her make salt dough gingerbread men to decorate our Christmas trees.

Thursday 4th DECEMBER

10:00 am Christmas tree Mural

Join Tracy in Maple craft room to continue with the Christmas mural.

1:00 pm One To One

Tracy will be visiting residents individually for an afternoon chat.

2:00 pm Afternoon Stroll

Join Tracy for an afternoon stroll and visit to the coffee shop.

2: 00 pm Richmond Blanket

Join Jackie in Sycamore Dining room to add the finishing touches to our beautiful Richmond Blanket.

3:00 pm Christmas Garlands

Join Tracy in Maple lounge to join in the fun of making Christmas garlands.

Friday 5th DECEMBER

10:15 am Ginger bread Men

Join Jackie in the Purple Lounge to help make and sew our Christmas Ginger bread men.

10:30 am Christmas Wreaths

Join Tracy in Sycamore dining room to help her decorate wooden Christmas Wreaths.

1:30 pm Recycled Christmas cards

Join Jackie in Sycamore Dining room to help her with the Christmas Mural display.

2:30pm Seated Exercise

Join Abigail in Sycamore Dining room for some seated exercise to music.

3:00 pm Andante Christmas Concert

Andante are back to entertain us with their Christmas instrumental and vocal extravaganza held in the Restaurant.

3:30 pm Scrabble Club

Join Residents for a challenging Game of scrabble in Sycamore dining room.

Saturday 6th DECEMBER

10:00 am Wake up and Shake up

Join Andy for some gentle exercise to get us all moving now the cold winter mornings have arrived.

10:45 am Board Games

Join Andy in Maple lounge to have a challenging fun game of your choice.

2:00pm Afternoon Stroll

*Join Andy for a stroll around Richmond village.
(Wrap up Warm)*

3:00pm Afternoon Film

A film chosen by the residents will be playing in the Purple lounge.

3:15 pm Reminiscence Ball

Good fun and conversation around our memories with Andy in Sycamore Dining room.

Sunday 7TH DECEMBER

2:00 pm Afternoon Stroll

Join Andy for a Sunday afternoon leisurely stroll around the grounds of Richmond village.

4: 00 pm One To One

Andy will be visiting residents individually for an afternoon chat.