



October 2017

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Issue 58

**Join us for our Oktoberfest themed lunch in the Restaurant on Thursday 19<sup>th</sup> October 2017.**

**Starting at 12:15pm in the restaurant  
Followed by a "Traditional Bier Keller Show"  
Menu available on the notice board  
Please book with Alison Barwell on Ext638  
By Friday 13<sup>th</sup> October.**



**Morning Talks at  
Abington Museum**

**Thursday 12<sup>th</sup> October 2017**

Pubs & the Paranormal  
By Jon Small

**Thursday 2<sup>nd</sup> November 2017**

Northampton Curiosities  
By Helen Crabtree

Please book your tickets by phone  
on  
01604 838110

Talks are £2.50pp which  
includes refreshments.  
Book transport with Reception  
on Ext 600

**Wellness Checks**

Please book your Wellness  
check at Reception on Ext  
600.

The next check is on  
Sunday 1<sup>st</sup> October 2017  
Sunday 5<sup>th</sup> November 2017



**RICHMOND  
VILLAGES**  
Part of Bupa

All Transport &  
Appointments are  
made at Reception Ext  
600

Lounge, Restaurant &  
Function Room  
Bookings should be  
booked on the booking  
line Ext 434

**Firework Night**

**Friday 3<sup>rd</sup> November 2017**

**Pre Firework night drinks at the Bar from 5:30pm  
Fireworks on the Village Green at 6:15pm  
Hot Buffet served at 7pm**

**Exercise Sessions**

**Tuesday 2:30pm – seated exercise with Gill  
£5 per session**

**Thursday 9:45am – Exercise with Su £5 per session**

**Thursday 11am – Wii Fit – free of charge**

**Friday 10:30am – Seated Yoga £5 per session**

All sessions are held in the Function Room.  
No need to book.

Cash payments only made directly with the tutor.

# Monthly Social Programme

Week Commencing Monday 2<sup>nd</sup> October 2017



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## Morning

## Afternoon & Evening

<b>Monday 2<sup>nd</sup> October</b>	10:30am Coffee Morning – Yellow Lounge	2pm Wootton Waitrose – Reception 2pm Learn to play Bridge – Games Lounge 2:30pm Rummikub – Games Lounge
<b>Tuesday 3<sup>rd</sup> October</b>	10:30am Village Suites Coffee Morning – Yellow Lounge 10:30am Milton Keynes Trip - Reception	2:30pm Exercise with Gill – Function Room 2:30pm Chess & Draughts – Games Lounge 7pm Richmond Ladies Group – Coffee Shop
<b>Wednesday 4<sup>th</sup> October</b>	10:30am Richmond Bridge – Games Lounge 10:30am Tesco – Reception 11am Dementia Friend Session – Function Room	2pm Wootton Waitrose – Reception 5pm Evening Carvery – Restaurant
<b>Thursday 5<sup>th</sup> October</b>	10am Crossword Hour – Coffee Shop 11am Wii Fit – Function Room	2pm Knit & Natter – Coffee Shop 2:30pm Tea Dance & Tutors – Function Room £2.50pp 4pm Choir Practice – Red Lounge 5:30pm <b>The Mandarin “Chinese Buffet – Reception</b>
<b>Friday 6<sup>th</sup> October</b>	10am Town Trip - Reception 10am Catriona’s cards – Reception 10:30am <b>New!</b> Seated Yoga – Function Room 10:30am Scrabble – Games Lounge	2pm Co-op – Reception 2:30pm <b>Guest Speaker</b> “ Showboat the Musical “ in the Function Room
<b>Saturday 7<sup>th</sup> October</b>	10:30am Table Tennis – Function Room 10:30am Sherry Morning – Yellow Lounge	3:30pm Richmond Readers Book Group – Blue Lounge
<b>Sunday 8<sup>th</sup> October</b>	10:30am Sunday Half Hour Church Service – Yellow Lounge	6:30pm Sunday Night Social – Restaurant

Please make sure to use all old £1 coins by Sunday 15<sup>th</sup> October 2017



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## Monthly Social Programme

Week Commencing Monday 9<sup>th</sup> October 2017

### Morning

### Afternoon & Evening

<p><b>Monday 9<sup>th</sup> October</b></p>	<p>10:30am Coffee Morning – Yellow Lounge</p>	<p>2pm Wootton Waitrose – Reception 2pm Learn to play Bridge – Games Lounge 2:30pm Rummikub – Games Lounge</p>
<p><b>Tuesday 10<sup>th</sup> October</b></p>	<p>10:30am Village Suites Coffee Morning – Yellow Lounge 10:30am Heart of the Shire Trip - Reception</p>	<p>2:30pm Exercise with Gill – Function Room 6:45pm Arrive for evening entertainment – Restaurant 7pm <b>Western Favell Choir</b> – Restaurant</p>
<p><b>Wednesday 11<sup>th</sup> October</b></p>	<p>10am Phoenix Cards - Reception 10:30am Richmond Bridge – Games Lounge 10:30am Tesco – Reception 11:30am Holy Communion – Yellow Lounge</p>	<p>2pm Wootton Waitrose – Reception 5:30pm Arrive for Quiz night – Restaurant 6pm <b>Quiz</b> Starts – Restaurant 7pm Evening meal served - Restaurant</p>
<p><b>Thursday 12<sup>th</sup> October</b></p>	<p>9:45am Transport for Museum Talk 9:45am Exercise with Su – Function Room 10am Crossword Hour – Coffee Shop 11am Wii Fit – Function Room</p>	<p>2pm Knit &amp; Natter – Coffee Shop 2:30pm <b>New!</b> Music from Cleo Laine &amp; Johnny Dankworth – Yellow Lounge</p>
<p><b>Friday 13<sup>th</sup> October</b></p>	<p>10am Town Trip - Reception 10:30am <b>New!</b> Seated Yoga – Function Room 10:30am Scrabble – Games Lounge</p>	<p>1:50pm Mobile Library – Marlow Area 2pm Co-op – Reception 2:30pm Film Afternoon watching "The Ghost &amp; Mrs Muir " – Yellow Lounge</p>
<p><b>Saturday 14<sup>th</sup> October</b></p>	<p>10:30am Table Tennis – Function Room</p>	<p>3:30pm Poetry Hour – Blue Lounge</p>
<p><b>Sunday 15<sup>th</sup> October</b></p>	<p>10:30am Sunday Half Hour Church Service – Yellow Lounge.</p>	<p>12:15pm Sunday Carvery – Restaurant 6:30pm Sunday Night Social – Restaurant</p>



## Monthly Social Programme

Week Commencing Monday 16<sup>th</sup> October 2017

### Morning

### Afternoon & Evening

<p><b>Monday 16<sup>th</sup> October</b></p>	<p>10:30am Coffee Morning – Yellow Lounge</p>	<p>2pm Wootton Waitrose – Reception 2pm Learn to play Bridge – Games Lounge 2:30pm Rummikub – Games Lounge</p>
<p><b>Tuesday 17<sup>th</sup> October</b></p>	<p>10:30am Emmaus Village Trip – Reception 10:30am Village Suites Coffee Morning – Yellow Lounge</p>	<p>2:30pm Exercise with Gill – Function Room 2:30pm Chess &amp; Draughts – Games Lounge 7pm Richmond Ladies Group – Coffee Shop</p>
<p><b>Wednesday 18<sup>th</sup> October</b></p>	<p>10:30am Richmond Bridge – Games Lounge 10:30am Tesco – Reception 11am Wii Fit – Function Room</p>	<p>2pm Wootton Waitrose – Reception  2pm Dementia Friends Session – Yellow Lounge</p>
<p><b>Thursday 19<sup>th</sup> October Oktoberfest</b></p>	<p>9:45am Exercise with Su – Function Room  10am Crossword Hour – Coffee Shop</p>	<p>12:15pm <b>Oktoberfest Lunch</b> – Restaurant  2pm <b>Oktoberfest “Bier Keller Show”</b> – Restaurant</p>
<p><b>Friday 20<sup>th</sup> October</b></p>	<p>10am Town Trip - Reception 10:30am <b>New!</b> Seated Yoga – Function Room 10:30am Scrabble – Games Lounge</p>	<p>2pm Co-op – Reception  2:30pm Film Afternoon watching “War Horse “ – Yellow Lounge</p>
<p><b>Saturday 21<sup>st</sup> October</b></p>	<p>10:30am Table Tennis – Function Room</p>	<p>2:30pm Your Kind of Music – Yellow Lounge</p>
<p><b>Sunday 22<sup>nd</sup> October</b></p>	<p>10:30am Sunday Half Hour Church Service– Yellow Lounge</p>	<p>6:30pm Sunday Night Social – Restaurant</p>

## Clocks go back one hour on Sunday 29<sup>th</sup> October 2017



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### Monthly Social Programme

Week Commencing Monday 23<sup>rd</sup> October 2017

#### Morning

#### Afternoon & Evening

<b>Monday 23<sup>rd</sup> October</b>	10am Gifts & Crafts – Reception 10am Goldline Clothing – Cloakroom area 10:30am Coffee Morning – Yellow Lounge Will writing services attending coffee	2pm Wootton Waitrose – Reception 2pm Learn to play Bridge – Games Lounge 2:30pm Rummikub – Games Lounge
<b>Tuesday 24<sup>th</sup> October</b>	10:30am Rushden Lakes Trip - Reception 10:30am Village Suites Coffee Morning – Yellow Lounge	2:30pm Exercise with Gill – Function Room 2:30pm Chess & Draughts – Games Lounge 7pm Richmond Ladies Group – Coffee Shop
<b>Wednesday 25<sup>th</sup> October</b>	10:30am Richmond Bridge – Games Lounge 10:30am Tesco – Reception	2pm Wootton Waitrose – Reception 6:15pm Transport to Derrigate for those booked only – Reception .
<b>Thursday 26<sup>th</sup> October</b>	9:45am Exercise with Su – Function Room 10am Crossword Hour – Coffee Shop 11am Wii Fit – Function Room	2pm Knit & Natter – Coffee Shop 2:30pm Tea Dance & Tutors – Function Room £2.50pp 4pm Choir practice – Red Lounge
<b>Friday 27<sup>th</sup> October</b>	10am Town Trip - Reception 10:30am <b>New!</b> Seated Yoga – Function Room 10:30am Scrabble – Games Lounge	2pm Co-op – Reception 2:30pm Film Afternoon watching the newly released “Churchill” – Yellow Lounge
<b>Saturday 28<sup>th</sup> October</b>	10:30am Table Tennis – Function Room	3pm <b>New!</b> Beetle Drive – Games Lounge
<b>Sunday 29<sup>th</sup> October</b>	10:30am Sunday Half Hour Church Service – Yellow Lounge	6:30pm Sunday Night Social – Restaurant



RICHMOND  
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## Monthly Social Programme

Week Commencing Monday 30<sup>th</sup> October 2017

### Morning

### Afternoon & Evening

<p><b>Monday 30<sup>th</sup> October</b></p>	<p>10:30am Coffee Morning – Yellow Lounge</p>	<p>2pm Wii Fit – Function Room 2pm Wootton Waitrose – Reception 2pm Learn to play Bridge – Games Lounge 2:30pm Rummikub – Games Lounge</p>
<p><b>Tuesday 31<sup>st</sup> October</b></p>	<p>10:30am Waitrose Rushden Trip - Reception 10:30am Village Suites Coffee Morning – Yellow Lounge</p>	<p>2:30pm Exercise with Gill – Function Room 2:30pm Chess &amp; Draughts – Games Lounge 7pm Richmond Ladies Group – Coffee Shop</p>
<p><b>Wednesday 1<sup>st</sup> November</b></p>	<p>10:30am Richmond Bridge – Games Lounge 10:30am Tesco – Reception</p>	<p>2pm Wootton Waitrose – Reception 5pm Evening Carvery – Restaurant</p>
<p><b>Thursday 2<sup>nd</sup> November</b></p>	<p>9:45am Transport for Museum Talk 9:45am Exercise with Su – Function Room 10am Crossword Hour – Coffee Shop</p>	<p>2pm Knit &amp; Natter – Coffee Shop 2:30pm Tea Dance &amp; Tutors – Function Room £2.50pp</p>
<p><b>Friday 3<sup>rd</sup> November</b></p>	<p>10am Town Trip - Reception 10:30am <b>New!</b> Seated Yoga – Function Room 10:30am Scrabble – Games Lounge</p>	<p>2pm Co-op – Reception <b>5:30pm Pre Fireworks drinks at the bar</b> <b>6:15pm Fireworks on the Village Green</b> <b>7pm Hot Buffet served – Restaurant</b></p>
<p><b>Saturday 4<sup>th</sup> November</b></p>	<p>10:30am Table Tennis – Function Room</p>	<p>3:30pm Richmond Readers Book Group – Blue Lounge</p>
<p><b>Sunday 5<sup>th</sup> November</b></p>	<p>10:30am Sunday Half Hour Church Service – Yellow Lounge</p>	<p>6:30pm Sunday Night Social – Restaurant</p>