



Here's what you need to do to take part in the Big Garden Bird Watch on 27th, 28th & 29th January 2018.

Choose a time of day that's convenient for you. You'll probably see more birds if you do it early in the morning, but any time of day you can do it is useful for us. The event takes place over three days: Saturday, Sunday and Monday.

Make yourself comfortable and watch the birds for an hour. Record the highest number of each bird species that you see at Any one time. Then answer the other questions about other wildlife Species that visit your garden during the year. Don't worry if you Don't see anything over the hour, as it's still really useful information for us.

**Good luck with your Birdwatch!
Let us know what you see.**

The official forms will be delivered with next week's schedule.

Activity Drop in Session/Meeting

Feedback from Residents was they would prefer the Activity Drop in session to happen on a quieter day when more residents could attend and preferably on a weekend so family could also attend.

With this in mind the session has been moved to Saturday 20th January at 11am in the Yellow Lounge.

This is an informal drop in session with the Activity staff. Tea/Coffee will be provided.



RICHMOND
NORTHAMPTON

Part of Bupa

Richmond Village, Northampton

Village Activities

Week Commencing

Monday 15th January 2018



Monday 15th January 2018

- 10:30am Coffee Morning in the Yellow Lounge
2pm Bridge Group in the Games Lounge
2pm Wootton Waitrose, meet in Reception.
2:30pm Rummikub in the Games Lounge

Tuesday 16th January 2018

- 10:30am Village Suites Coffee Morning in the Yellow Lounge
10:30am Rushden Lakes Trip meeting in Reception
2:30pm Exercise with Gill in the Function Room £5pp
3pm Afternoon Tea in the Restaurant,
£4.95pp charge for ILU & Guests
7pm Richmond Ladies Group in the Coffee Shop

Wednesday 17th January 2018

- 10:30am Richmond Bridge in the Games Lounge
10:30am Tesco Trip from Reception
11am Wii Fit in the Function Room with Chris, no charge.
2pm Wootton Waitrose, Meet in Reception
2:30pm Classical Music Hour in the Yellow Lounge

Thursday 18th January 2018

- 9:45am Transport for the Museum talk, Meet in Reception.
10am Crossword Hour in the Coffee Shop
2pm Knit & Natter in the Coffee Shop

Friday 19th January 2018

- 10am Town Trip from Reception
10:30am Seated Yoga in the Function Room
10:30am Scrabble in the Games Lounge
2:30pm Film Afternoon watching the classic film "Brassed Off"
in the Yellow Lounge

Saturday 20th January 2018

- 10:30am Table Tennis in the Function Room
11am **Activity Drop in Session** in the Yellow Lounge.
2:30pm Your Kind of Music in the Yellow Lounge.

Sunday 21st January 2018

- 10:30am Sunday Half Hour Church Service in the Yellow Lounge
6:30pm Sunday Night Social in the Restaurant