



March 2018

Richmond Art Competition

Calling all budding artists!! This year, our Inter-Richmond Village Art Competition is based on the theme of 'Childhood Memories'.

Categories this year are:

Painting, Drawing, 3D Art/Collage, Textile Art & Creative Dementia Art.

If you require any further information about the competition, please don't hesitate to contact the Activities team.

If you wish to take part in this year's competition, please submit your entry to Reception by Tuesday 13th March.

Please join us for the Semi-Final on Wednesday 14th March at 2pm in the Reception Coffee Shop. Judging will be held by residents & staff.

The Final will be held at Richmond Painswick on Friday 16th March.

LAST CHANCE – GET ENTRIES COMPLETED AND HANDED IN!!

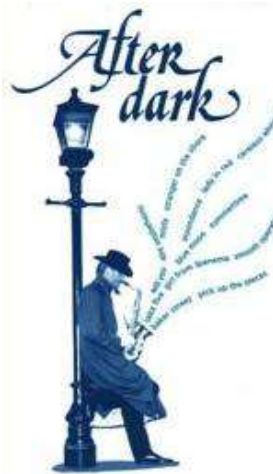


Art Class

We are pleased to announce that 'Paint and Draw' sessions with Andy Wilson will continue into March and Andy will be on-hand to assist with all your creative needs from 6.30pm to 8pm in Abingdon Lounge on Monday 12th and Monday 26th March 2018! Numbers need to increase!! **GET YOUR ART ENTRIES**

COMPLETED
ART

Due to illness, the performance on Tuesday 6th February, with the wonderful **After Dark**, was postponed. A new date of **Tuesday 24th April**, has been reserved. All previous bookings and payments have been carried forward to the new date.



A Dressed Salmon Buffet is available from 7.15pm for just £5 per person, or entertainment for only £3.

Please book with Reception by Sunday 22nd March. 'After Dark' will begin at 7.30pm.



QUIZ

PUB GRUB QUIZ NIGHT

Tuesday 13th March, 2018
In Windsor Restaurant

£7.00 each + £1 on night for quiz.

Steak & Ale Pie with chips or sausage & chips followed by Chocolate Sundae or Fruit Salad.

Please book at Reception by Tuesday 6th March
Teams of up to 5 persons
Come along and test your knowledge!!

EASTER RECEPTION OPENING TIMES

GOOD FRIDAY MARCH 30th

EASTER SUNDAY 1ST APRIL

EASTER MONDAY 2ND APRIL

RECEPTION OPEN 9.00am – 3.00pm



CLOCKS GO FORWARD SUNDAY
MARCH 25TH 2018 at 0100hrs

Tai Chi at Richmond Bede Village Every Wednesday at 3pm

Join Mark in Abingdon Lounge every Wednesday for this fantastic class which is suitable for all (offered at a subsidized rate of just £2).



Bede Village Choir is one of the most popular and well-supported institutions we have; Choir Evenings for February will be on Monday 5th and 19th March at 7pm in the Windsor Restaurant. **The Choir would very much like to invite new members to come along, take part and enjoy their social evenings. We have just commenced our new programme of songs from the Sound of Music & Oklahoma!**

Floristry Thursday 22nd March, 2018 at 3.30pm in the Abingdon Lounge



Be creative and join us for our quarterly session of floristry with Sally. Places are limited. Please book with Reception by Sunday 18th March. Please remember to state when booking if you wish to watch or participate.

A few gentle reminders...

Wellness Meetings - Please note that Wellness Meetings are now held on the **first Thursday** of the month in Abingdon Lounge from 10am. Come along for an informal chat and for information about our Domiciliary Care Services. This month's meeting will take place on Thursday 1st March, 2018.

Important Notice - Could you please make any cheques payable to **Richmond Coventry Limited**.

The Mobile Library will be visiting on Tuesday 13th March, at 3pm

Foot Step Care is here **every other week** - Wednesday 7th and 21st March - in the Bede Salon (visits are also available). Please book appointments via Reception – book early to avoid disappointment.

Please ensure that repeat prescriptions are handed into Reception by 10am on Monday mornings. We will then drop these off ready for collection on Wednesday. Queries regarding undelivered medication should be made on a weekday, as surgeries are closed at weekends.

The Reception team is no longer able to accept delivered medications on your behalf. The pharmacy must deliver them directly to your home.

Please do not leave large items of rubbish in the drying areas, or abandoned in other areas of the Village. If you are struggling to dispose of large items, please contact Reception and we will be happy to assist however we possibly can.

Appointments are now available at the Bede Hair Salon or in your own Suite/room (open to all residents and visitors at Richmond Bede Village). Please contact Reception or the Salon to make an appointment. The Bede Village Salon is open: Tuesdays & Thursdays 9.00am until 3.30pm.

If a villager loses or breaks their pendant they have to pay for a new one. These are approximately £45.00. When it is time to vacate a property within Richmond Village, please ensure that the pendant is returned. You will be liable for the cost of a new pendant if it is not returned.

Bede Bowls Team

In December 2017, the Bede Bowls Team played its first ever external match at Nuneaton Bowling Club. We are currently looking into Nuneaton B.C. coming to Bede Village for the return fixture. More info to follow – no news yet – watch your weekly schedule and April Villager for the date!!

Indoor Bowls - Thursdays from 2.30pm

You don't have to bowl competitively to have a go here at Richmond Bede!

Come along and take part and play for fun as we get our indoor mat and colourful bowls out in Boveney Lounge every Thursday! We have reduced the days due to numbers recently dwindling, but are happy to increase the days if numbers increase. ☺

No equipment required, just bring yourself along – *we even have a ramp for those who struggle to stand!* **Happy bowling!**

Tuesday trips for March are....

6th March: Planters Garden Centre, Tamworth

13th March: Stratford Butterfly Farm

20th March: Solihull

27th March: Calke Abbey (National Trust)
9.30am start

3rd April: Warwick

For anyone wishing to go on any trip who is receiving a food package: please let us know if you would like a packed lunch; *this is included within your package*. Equally, any Villager wishing to purchase a packed lunch; this is also available. ☺

Knit & Natter - Saturday 10th March, 2.30pm

Join the ladies this month in Boveney Lounge from 2.30pm to knit and natter to your heart's content. Tea, coffee & biscuits will be available for your enjoyment!

Tuesday 3rd April, 2018

By Request – return of one of our favourites, "OUR FLOSSIE"



Join us for our "Easter Supper Club"

6.30pm food (choice of menu – available at Reception – all to pre-order)

"OUR FLOSSIE" entertains us at 7.30pm

**£10 for 2 courses
£3 entertainment only**

Please book by Tuesday 27th March

We Need Your Help! **New Activities & Events Committee**

We always welcome your thoughts, ideas and input when it comes to the future of activities and events offered at Richmond Bede.

If you wish to be considered to form part of a new 'Activities & Events Committee' to help plan, decide and implement the Activities Programme going forwards, please inform Reception.

We are currently in the process of recruiting a new Head of Activities; please bear with us during this process and thank you for your continued help, advice and invaluable support.

NEW –AVAILABLE FROM ABINGDON LOUNGE OR RECEPTION - **MONTHLY PUZZLE PACK** – TEST YOUR KNOWLEDGE, THEN HAND IN YOUR ENTRIES BY SUNDAY 25TH MARCH TO THE ACTIVITIES' TEAM OR RECEPTION

PRIZE FOR WINNER – PART ENTRIES ACCEPTED - PLEASE RETURN TO ACTIVITIES' STAFF OR RECEPTION BY THE ABOVE DATE



Car Parking

Please remind any visitors that there is a 10mph speed limit on-site, and must use visitor parking spaces please. Do not use allocated parking spaces or any areas with restriction notices. It is very difficult for other vehicles if a restricted space is blocked by another vehicle.

Please could you also inform visitors that if no parking is available, our overflow parking at the side of the site is open between 7.30am and 4.30pm Monday to Saturday, at the front of the farmers' field.

You can now follow us!!

Richmond Bede Village is on Facebook & Twitter...



To find us on Facebook, simply search **Richmond Villages Bede** ...or to find us on Twitter, search **@RVCov**
We often share success stories and events... it would be great to see all of you supporting us and sharing good news on Social Media!



Please join us for **Seated Yoga** with Bernadette in the Abingdon Lounge, every Tuesday at 11am.

Planning ahead...



Treat your mum to something special this Mothers Day, Sunday 11th March.

Afternoon Tea in the Kingfisher Lounge, just £8 per person £3 children. For more information, please contact Reception, booking is essential.

BOOKINGS NOW BEING TAKEN!

Bede Village Circle

Further information to follow on the way forward of the BVC
Following meeting on 1st March at 7.00pm in Boveney Lounge

Birthdays for March

1st Raymond Nash
3rd Lyn Clewlow
4th Michael Nestoruk
7th Anne Anderson
10th Carl Jones & Ray Kendrick
14th Janice Leivers
15th Ron Cakebread
18th Betty Downs
21st Jean Warren
22nd Pat Rowley
23rd Maureen Adams
27th Denis Evans
28th Dulcie Sephton
29th Liz Twigger **Many Happy Returns!!** 😊



From all of the Richmond Bede Village Team, we wish you a fantastic day.

Services from the Salon



Tuesdays & Thursdays 9am-3.30pm

All hairdressing services plus Gel Polish, Nail Varnish and/or Manicure

Please book your appointment with Reception.

SPECIAL OFFER FOR MARCH

BOOK A BLOW DRY & NAIL POLISH TOGETHER FOR £20

Holy Communion times and dates

Join Father Andrew for our monthly service which will take place in Abingdon Lounge on the third Tuesday of every month for Villagers, Care Home residents and Suite residents. Singers from St Giles will visit the Kingfisher Lounge on the first Monday of every month (Bank Holidays may vary).

Dates for March are:

Monday 5th March, 2pm – Kingfisher Lounge
Tuesday 20th March, 10.30am – Abingdon Lounge

ADVANCE NOTICE OF EVENTS

Tuesday 3rd April, 2018 – “Our Flossie”
Entertains in Windsor Restaurant

Thursday 19th April, 2018
Bedworth Amateur Show Society sings for us in Windsor Restaurant

Saturday 21st April, 2018
NATIONAL CARE HOME OPEN DAY, including a visit from the local Mayor.

At 7pm, Louise Smith is appearing at the Civic Hall, as part of a Charity dance competition; if you would like to go along & support her, tickets are £10 each.